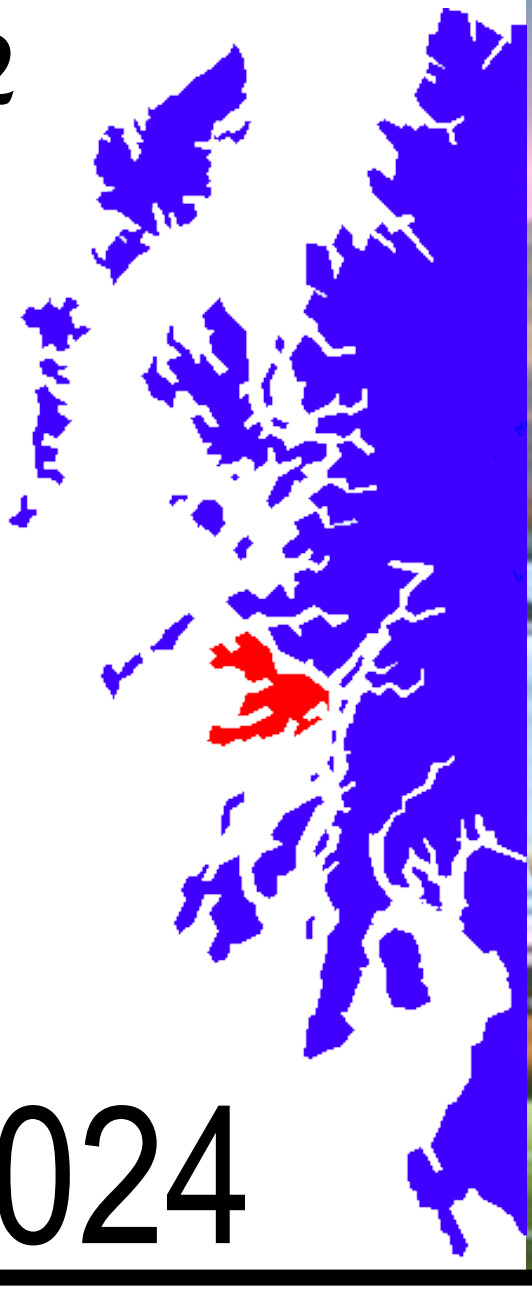
Isle of Mull Rugby Sevens

£2



2024

For 37 years "THE WORLD'S MOST SOCIABLE SEVENS"

Saturday 18th May 2024
Kick-off 12.30 p.m.
Garmony, Isle of Mull

30 ANNIVERSARY

This year is the 30th Anniversay of the worlds first Men's and Women's Sevens

A MESSAGE TO OUR SPONSORS

When the Isle of Mull Rugby Club was founded in 1978 there was no public sport field on Mull. The Club has build from scratch the facility you see around you today. These facilities are available for all to enjoy, whether it's an Island Schools sports day or dog training lessons (though not at the same time!). The Garmony Sports field has had no capital or revenue support from Argyll and Bute Council and operates through the efforts of the community supported by fundraising, donations and sponsorship.
Sponsors are an integral foundation of our Club efforts and we cannot express our thanks sufficiently. Without our sponsors we would not be where we are today.

ScaleAQ are proud to be involved in the Isle of Mull Rugby Tournament.
Having joined as a sponsor in 2022 we are looking forward to being a part of Mull Rugby Club for the coming years. We wish all the team's luck and look forward to a great tournament.
Conor Foster, Special Advisor –Seabased/Bærekraftsambassadør

Scottish Sea Farms is delighted to be the official sponsor of the 37th 'World's Most Sociable' Mull Sevens Tournament in 2024, forming part of our Mull Community Sports Hub Sponsorship, funded through our Heart of the Community initiative.
We have been farming in the waters around Mull for as many years and have deep roots in the local communities. As such, we have been fortunate to have sponsored this event several times, and even more fortunate to have family and colleagues involved in the club over many years (including myself) up to present day.
Founded in 1985, the Sevens goes from strength to strength with each new season. With the inclusion of Women's Sevens in 1992, a first for the rugby world, it promotes community and inclusivity – values which strongly align our own business. It's not just a day event, but an entire weekend in one of the most picturesque venues for rugby in Scotland, creating a real sense of adventure for the visiting teams.
On that note, we wish all the teams good luck and look forward to an exciting, fast paced tournament."
Innes Weir, Scottish Sea Farms Ltd.

All our wonderful sponsors:

ISLE OF MULL RUGBY FOOTBALL CLUB

20 24

SEASON 2023-24

PRESIDENT'S MESSAGE

A huge welcome to our most sociable sevens tournament, the Isle of Mull Rugby Sevens. This is our 37th event which is amazing. This is also the very special 30th Anniversary of our very first joint men's and women's sevens tournament. The first in the world. Who would have thought all those years ago that teams from many different countries would travel all the way to Mull for our sevens.
The weather is forecast to be overcast but sunny later in the day. This sounds very hopeful!
The ferry situation has been very challenging with breakdowns and cancellations but we know that all teams will manage to get here one way or another and contribute to great event.
It's been good year for the club in different ways with our young persons rugby going very well.
The clubhouse still looks great after being redesigned during the BBC series "Designing the Hebrides" by interior designer Banjo Beale. It was an exciting and fun time and the results are there for you all to see. If you missed the programme make sure you watch it on catch-up!
Our indoor sports hall is slowly becoming a reality which will be a wonderful addition, not only to our club facilities but to the island as a whole. You will be able to read about this project elsewhere in the programme.
Thank you to the teams who participate and the effort made by so many people to ensure a successful and exciting event. A very special thank you to our wonderful sponsors.
My best wishes to all for your continued support, participation and friendship.
Have a fun and wonderful day. Good Luck!

John Archbold, President

PROGRAMME OF EVENTS

Saturday 10.30-11.30	**Mull Mini rugby training and playing**
11.30-12.30 Split Pitch	**Girls Mull U14 v Oban U14**
11.30-12.30 Split Pitch	**Boys Mull U14 v Oban U14**
Saturday Afternoon	**Women's Tournament & Men's Tournament**
Late Afternoon	**Finals**
Early Evening	**Presentation of trophies**
Saturday Evening	**Giant Celebration dance at the Club House**
SUNDAY	**Clean-up. All help is really appreciated**

Sunday 19th May, A Social Clean-up Garmony Club House from 12 noon

AGM Mull Rugby ClubWednesday 29th May, 7pm at Garmony

Cover photo

Barbie getting her Mull Cap

ISLE OF MULL SEVENS

SOCIAL NEWS

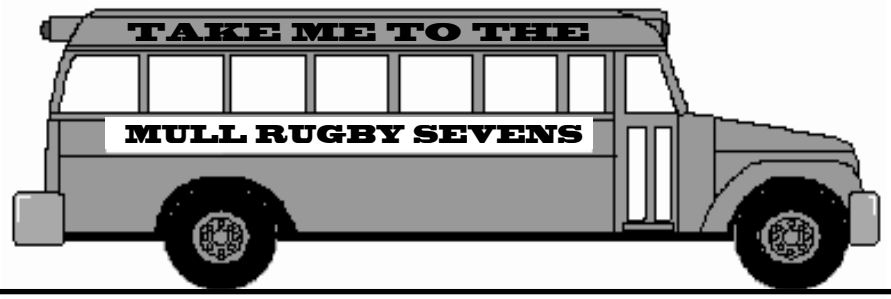
SOCIAL OR SERIOUS

In the "Worlds most Sociable Sevens" no teams are excluded no matter what the standard they play. 2024 is the the thirty-seventh anniversary of the Worlds Most Sociable Sevens and the 30th Worlds First Men's & Woman's joint sevens tournament. In celebration of 30 years the theme of this years Sevens is an icon of women's empowerment. She's worked in every job, dived the deepest oceans, travelled to the moon and stared in her own movie!

THE THEME OF THE 2024 SEVENS IS Barbie

LOCAL PRODUCE LUNCH

EACH YEAR WE HAVE AN AMAZING LOCAL PRODUCE LUNCH. TICKETS GET SOLD OUT VERY QUICKLY. IF YOU ARE INTERESTED IN THE VERY BEST OF ISLAND FOODS SURROUNDED BY GREAT COMPANY PLEASE CONTACT US EARLY NEXT YEAR



Please camp at Garmony, organise your own transport or contact:

Island Taxi (Iain English) Taxi Tel: 07510 195989
Mull Taxi Service (Alan Robson) Tel: 07760 426351
Chris Taxi Hire (Chris) Tel: 07493 886237
Tobermory Taxis (Andy Malcolm) 07810 666222

IMPORTANT NOTICE

Working with the police to enforce licensing conditions on the premises club stewards will be readily identifiable by name badges. One particular worry is that younger club supporters (not being able to purchase at the bar) may try and bring alcohol onto the premises. The stewards are under instructions that only alcohol purchased on the premises can be consumed on the premises. Alcohol from other sources must not be brought into the club house.

MULL 7's TROPHIES

CUP WINNERS
Men: Cup & Medals
Women: Pink Cup & Medals
and a priceless PINK BOOT

Best West Highland Teams

BEER AND BUBBLY FINALS
Best Social Sides in the Tournament

FUN AND FAIR PLAY AWARDS
REFEREES AWARDS
PLAYER OF THE TOURNAMENT AWARDS
(Selected by the Referees)

ISLE OF MULL RUGBY SEVENS

The World's First Men's and Women's Sevens

THE WORLD'S MOST SOCIABLE SEVENS

Started in 1985 the Isle of Mull Sevens Tournament brings together rugby clubs from all over the West Highlands and Islands along with guest players. Rugby players from all walks of life and all levels of skill compete on equal terms of skill and enjoyment.

The very social nature of rugby and the fact that it is a game for all weathers makes it an ideal sport for our isolated rural areas where long trips and overnight stays are commonplace. With Mull's geographic position in the centre of this remote area it is the perfect setting for a competition of this nature. For these reasons the Sevens Committee also award trophies to the most sociable teams in the Tournament.

In 1992 the Mull Sevens made rugby history by running a dual tournament for both ladies and men. This was the first of its kind anywhere in the world!

Deagh Chraic

MULL SEVENS TABLES

Men's League 1	Men's League 2	Men's League 3	Men's League 4	Women's League 1	Women's League 2

MEN'S LEAGUE 1 (Mountains of Mull) **MEN'S LEAGUE 3** (Sound of Mull)

TEAM	Score	TEAM	Score	KO	TEAM	Score	TEAM	Score
				1.00				
				1.45				
				2.30				
				3.15				
				4.00				
				4.45				

League Winner V **League Winner**

MEN'S LEAGUE 2 (Mountains of Mull) **MEN'S LEAGUE 4** (Sound of Mull)

TEAM	Score	TEAM	Score	KO	TEAM	Score	TEAM	Score
				1.15				
				2.00				
				2.45				
				3.30				
				4.15				
				5.00				

League Winner V **League Winner**

WOMEN'S LEAGUE 1 (Mountains of Mull) **WOMEN'S LEAGUE 2** (Sound of Mull)

TEAM	Score	TEAM	Score	KO	TEAM	Score	TEAM	Score
				12.45				
				1.30				
				2.15				
				3.00				
				3.45				
				4.30				

League Winner V **League Winner**

Mens Semi Final (winner league 1 v 2)

Mens Semi Final (winner league 3 v 4)

WOMEN'S FINAL

Team	Score		Team	Score
		V		

MEN'S FINAL

Team	Score		Team	Score
		V		

WEST HIGHLANDS AND ISLANDS TEAMS WHO HAVE ATTENDED OVER THE YEARS

ISLE OF MULL RUGBY CLUB

Mull is the third largest of the Hebrides. The coast line, broken by sea lochs, bays and inlets is the amazing length of over 300 miles. On Sunday 30th July, 1978 the first game of Rugby was played and won on Mull! Shortly after, the Isle of Mull Rugby Club was formed.

WOMEN'S SECTION: The women's rugby section was officially constituted into the Isle of Mull Rugby Club in 1992.

ARRAN RUGBY CLUB

It is often said that Arran is Scotland in miniature - having wild mountains to the north and a fertile plain to the south. An ideal gathering ground for rugby players. Arran Rugby club was started in September 1975.

BENBECULA NOMADS RUGBY FOOTBALL CLUB

North Uist, Benbecula and South Uist have been linked by bridges and causeways to form a single 'long island'. Benbecula is separated from its neighbours by stretches of shell sand and quick sand. In 1977 some local lads and schoolboys got together and formed a rugby team with no home.

BUTE RUGBY CLUB

With the mountains of Arran to the south and those of Argyll to the north, Bute is a lowland island in a highland setting. Bute Rugby Club was founded in 1979.

COLL OCCASIONAL'S

The Isle of Coll is to the north west of Mull. Rugby on the island took a turn for the better when Scotland international player and team captain, Rob Wainwright, moved to the Island in 1999.

ISLAY RUGBY CLUB

Islay, the southernmost of the inner Hebrides, has a population of 4,000. Islay R.F.C. joined the SRU in December 1983. Islay run their own great event, a beach rugby festival.

KINTYRE RUGBY CLUB

Were it not for a tiny isthmus at Tarbert, Kintyre would be a member of the inner Hebrides. Kintyre Rugby Club started in 1983 with a meeting at the Ardshiel Hotel, Campbeltown.

LOCHABER RUGBY CLUB

Travelling north when you cross the Ballachulish Bridge you enter Lochaber truly Scotland's grandest landscape. Lochaber R.F.C. was officially started in 1969, a good five years after Oban. Her officials point out, however, that the first team in Fort William was playing 'way back before the war in 1933 it ran for a few years and then folded.

MID ARGYLL RUGBY CLUB

In 1977 a few enthusiastic players started a team, based at Lochgilphead and called it Mid Argyll.

OBAN LORN RUGBY CLUB

By West Highland standards Oban is a large town, essentially where steamers meet road and railway. Oban Lorn was founded in 1964. Oban are the most powerful of the West Highland sides.

PORT-RIGH RUGBY CLUB - Ellen a'Cheo

The name of Port-Righ is the gaelicised form of Portree, which means King's Harbour - conferred on the town after the visit of James V's fleet in 1540. Eilean a'Cheo means island of mist. Port-Righ was founded in January 1987 with the aim of promoting rugby in the island of Skye.

SKYE AND LOCHALSH RUGBY CLUB

Skye and Lochalsh are one of the few rugby clubs whose name encompasses both island and mainland players. An island player has to cross by ferry at Kyleakin to play, for it is on the mainland that the club has its facilities. Skye and Lochalsh was founded in 1975.

STORNOWAY RUGBY CLUB

Stornoway is the metropolis of the Western Isles and the only town of burgh size in the Hebrides. Stornoway is a centre for the Harris Tweed industry. Tweed manufacturers gave rise to strong border connections; Mills management often trained at the textile college in Gala. Not surprisingly this link led to the founding of Stornoway R.F.C. in 1942.

MULL MINIS

The 23/24 season has been another successful and enjoyable time for both players and coaches. Both teams have shown good commitment to training and attending the Dalriada's (the inter- Argyll club competition). As a club we have a lot of travelling to do, which means long days away. A special thanks goes out to all the family members who have supported the teams, home and away. Your support really makes a difference, and continues to help grow the club in such a positive way. Currently, rugby is one of the few ways anyone can represent Mull on a regular basis (Cal Mac dependent). It is so important for the children to have a chance to do this and they make a fine job of it. It's heartening to see friendships spark up with opponents on and off the field when a rugby ball is present. Mull should be very proud of all these players as they continue to learn this wonderful game.

P4/5

As kids reach P4 they are eligible to join to the team. Many of them have had little exposure to rugby. Joining the more experienced P5s they have become a super team. It has been amazing to see the marked changes in all the players as they increase their confidence and understanding of rugby. Teamwork has been the theme this season. There have been some fabulous tries scored, some excellent team performances, and the players have learnt from each other as the season has progressed. They are a naturally competitive bunch, and they should all be very proud of efforts they have put in. Going by the smiles on their faces they really enjoy playing, which is the most important aspect.

P5/6

The majority of the team have been playing together for several years now, so they know each other quite well. As a competitive group, the team is well balanced with the combined abilities of the players. The development of individuals in the team continues to be a credit to them as their rugby journey advances. There have been ups and downs through the season, but the players continue to enjoy themselves on the field. Every member of the team contributes and this has been one of the most positive improvements as the season has progressed. At the recent Oban Dalriada, a game against a bigger Hamilton side, was a stand out performance. Hamilton had won all 4 of its games prior to meeting Mull, who had mixed results. Mull played with commitment and enthusiasm in a tense game, ending in a 5 all draw. This game showcased what the team is capable of, and is their best performance this season.

Geoff Adams

Mini Rugby CoOridinator

The Campaign to raise money for a Mull Sports Bus is well underway

ISLE OF MULL NOTICE BOARD

CLUB COACHING OVERVIEW

Another hugely rewarding but challenging year for Mull Rugby, as our youth and schools rugby program continues to develop alongside our partnerships with and Iona, Tobermory High School, Argyll and Bute rugby development officer, and schools coach and the Islands primary schools, we now help to deliver rugby and even recently to Iona. This is only made possible by the commitment of our team who work so hard to ensure that as many children and adults have access to ing but opportunities to play, both home and away.
We hope you all get a chance to watch some of our fantastic young players in our es, and cheer on our Mens and womens teams in the main competition today as hard work of our players, volunteers, coaches and partners who together are future of rugby on Mull.

James Greig

Head of Coaching

WOMEN'S RUGBY

In September of last year the ladies team began their first competitive league in the Ladies Aspiring League. This provided a great opportunity for the ladies to develop their skills in a competitive environment. The ladies were very successful in the league bringing home a number of wins. Their success in the aspiring league has prompted the ladies to have their own kit made. This was made possible by a number of very generous local sponsors. The club look forward to the future for the ladies team and all they have to offer.

Katie Hamilton

Women's Captain

Katie showing the new Mull women's strip.

Our very gratefull thanks go to the strip sponsors:

PDK Shellfish

The Creel Seafood Bar

Isle of Mull Cottages

The Bellachroy Inn

Oakey MacCrone

Mull and Iona Rangers Supporters Group

COMMUNITY AND SCHOOLS COACH

Hi, my names Eilidh Mackay and I've now been the community youth and schools coach for just over a year. I can safely say the future of rugby on Mull is looking safe in the hands of the younger generation. My primarily role to provide coaching for S1-S2 girls and P7 transition students, but I also help coach other age groups when I get a chance. It's so rewarding to see how enthusiastic kids are about rugby and even the younger kids getting involved. It's nice to see that some of them have started going to training at Garmony on a Wednesday night after giving it a go at school and have now become a great asset to the team The grassroots are so important and its good to see the younger generation moving through the club and will hopeful one day play for the senior teams and hopefully we'll see some of them playing here at the 7s in years to come and a few have even said they would love to play for Scotland one day. As well as doing sessions in the schools we are currently organizing a tag rugby tournament for P1-7 pupils for all the schools on the island in partnership with active schools Mull and Iona and we hope it will be a fun day out for all the kids and hopefully we can do more things like this in the future to promote rugby on the island and get everyone involved with this amazing sport.

Eilidh Mackay

Community Coach

GIRLS RUGBY

The girls team has gone from strength to strength since forming in 2021, numbers at training continue to increase and currently we have girls playing at U14, U16 and U18 age grades. Our U14s regularly compete in the local Dalriada U14 competitions organized by our RDO Andrew Johston, this exposure to more gameplay opportunity has really helped our U14 girls improve this season and they have been regulars at both home and away tournaments. Our U16 and U18 players continue to train and have gained playing opportunities at the start of the season by linking up with Oban. Other playing opportunities have been harder to access due to being organized and run by our SRU regional team, these have often been at locations in central Glasgow with kick off times that make it impossible for us to attend, our club and committee are actively engaging with our regional SRU team to give equal opportunity to any child within the region regardless of location. We would like to thank the parents of the girls teams for all the support this season, they are all a pleasure to coach.

U14 BOYS RUGBY

We started to build an U14 team with regular training during 2023 with regular training in Tobermory at the high school on Friday afternoons, all of the U14 players had played mini rugby and have adapted well to the step up to the new age grade rules, they now have to learn how to scrummage and line out and to think about playing in defined positions, we have a terrific core of players that are full of enthusiasm to learn and to develop their new skills, they are really starting to play as a team and to work hard for each other, we could not be any prouder of the way our lads play and conduct themselves they are a credit to our community. Arranging games and finding teams to play against is a challenge but we have managed to build on relationships developed through the mini's Dalriada festivals and have to arranged several fixtures at weekends with Campbeltown, Mid Argyll and Oban, in addition with the fantastic help and backing of Marion MacLean at Active schools we are now starting to get inter school fixtures with Helensburgh, Campbeltown and Oban."

FOOT NOTE

Unfortunately (for us) Eilidh will be leaving her role to attend further education in Agriculture, we wish her every success with that and thank her for the great work she has done for the Club.

36th WORLD'S MOST SO

The day has both a men's and wo
The two competitio
Due to the occasional team missing
the format and draw of the

The Finals are pla

Medica

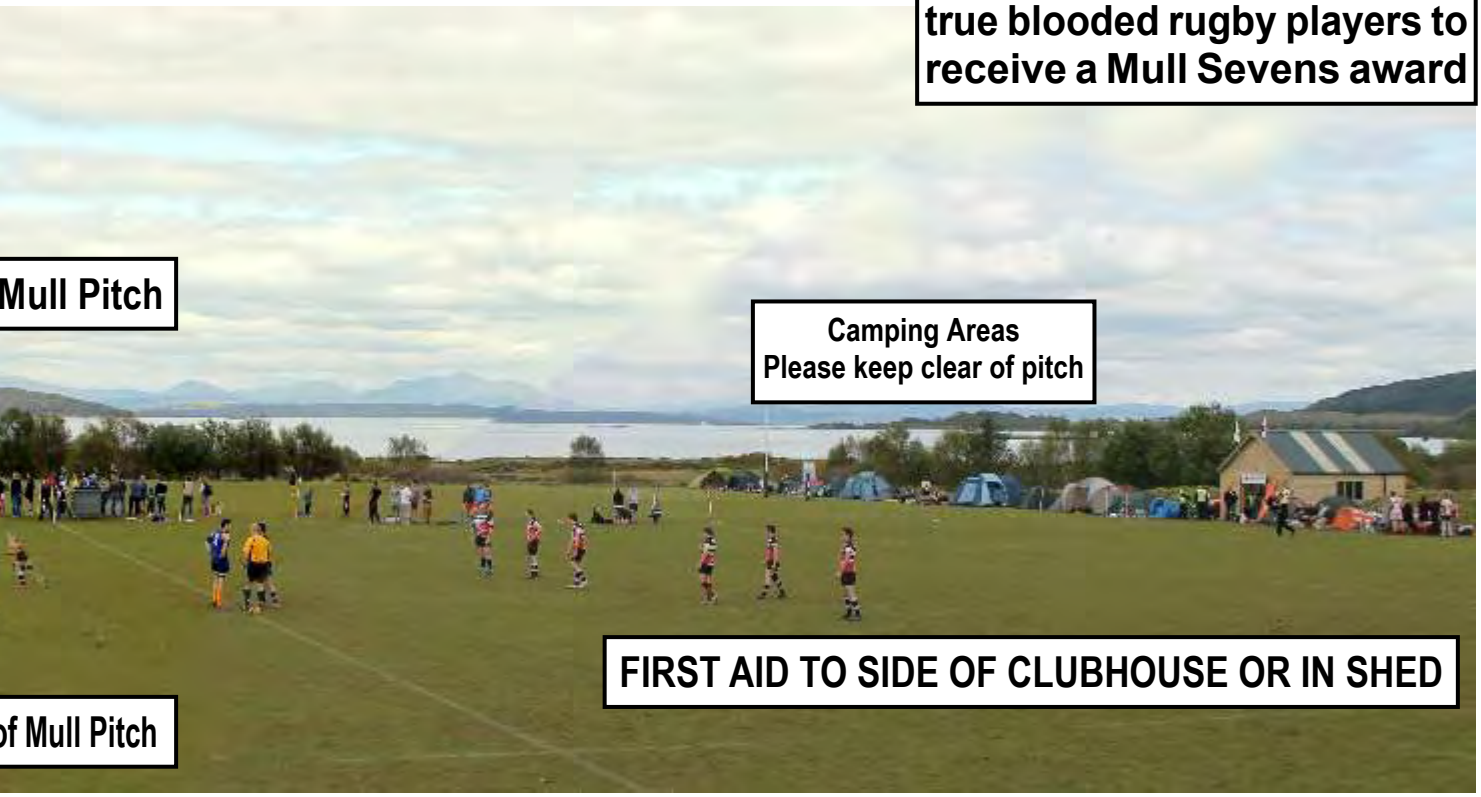
If requiring first aid or medical attention please report to the First Aid Station to the side of the Clubhouse or in the shed.

OCIABLE MULL SEVENS

omen's rugby sevens tournament.
ns run side by side.
the ferry or getting waylaid on route
tournament is on an insert

ayed at about 6pm

The lifetime ambition of all true blooded rugby players to receive a Mull Sevens award



al Staff

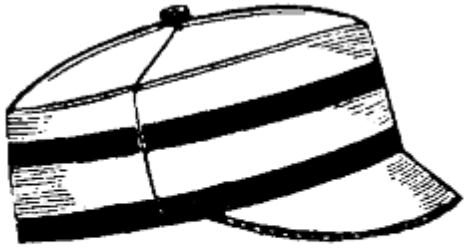
If the injury is on the pitch first-aiders will be in attendance. Our sincere thanks to all the volunteers of the medical team.

MULL MEMORIES

36th Sevens 2023

SEVEN'S PAGE OF HONOURS

WINNERS GRULIN CUP	PLAYER OF THE TOURNAMENT
1985 Skye and Lochalsh	Mark James (Skye & Lochalsh)
1986 Mid Argyll	Robin Riddly (Mid Argyll)
1987 Mull	Neil Williams (Mull)
1988 Mid Argyll	Donnie MacKinnon (Islay)
1989 Mull	Roddy Scott (Mull)
1990 Selkirk	Ian MacDougall (Islay)
1991 Stirling	Donald MacLennan (Mull)
1992 Selkirk	Dougie MacKay (Kintyre)
1993 Stirling	Brochan (Mid Argyll)
1994 Exiles	Ivan Cowie (Bute)
1995 Hawick	Angus MacColl (Mull)
1996 Tobermory Single Malt 7	Graham MacNab (Lochaber)
1997 Stirling	Richard Anderson (Mid Argyll)
1998 Stitling	Gerry Ralston (Mull)
1999 Heriots	Stan Whittaker (Lochaber)
2000 GSP Very Occasionals	John MacIntyre (Mull)
2002 Heriots (2001 was Foot & Mouth)	James MacPhail (Mull)
2003 Selkirk	Douglas Pender (Oban)
2004 Selkirk	Gavin MacDonald (Oban)
2005 Selkirk	Kevin Anderson(Oban)
2006 Rodents	David MacLennan (Mull)
2007 Stirling	Angus MacColl (Mull)
2008 Black Watch	Dave Downham (Mull)
2009 Stirling	Phil Speirs (Bute)
2010 Black Watch	Colin MacPhail (Mull)
2011 Stirling	James Gibbons (Mull)
2012 Mull	Andrew Maclennan (Mull)
2013 Oban	Robert Beattie (Oban)
2014 Hamilton	Ewan MacHardie (Hamilton)
2015 Hamilton	Craig Skillen (Hamilton)
2016 Selkirk	Ciaran Whyte (Mull)
2017 Brown Trouts	Sean Black (Mull)
2018 Crusaders	Hugh Lindsey (Red Kites)
2019 Hearts and Balls	Andy Thomas (Hearts and Balls)
2022 Hearts and Balls (20&21 was Covid)	Kyle Adams (Hearts and Balls)
2023 Highland	Mikey Gordon (Highland)



WINNERS PINK CUP	PLAYER OF THE TOURNAMENT
1992 Edinburgh Accies	Shona MacKay (Mull)
1993 Clifton	Marianne MacKenzie (Mull)
1994 Edinburgh Accies	Babs Whyte
1995 Clifton	Sandra Buchan
1996 Edinburgh Accies	Stella Mathieson (Inverness)
1997 Edinburgh Accies	Sandra Buchan (Mull)
1998 Glasgow Southern	Babs Whyte (Mull)
1999 Mull	Rachel Nikolson (Lochaber)
2000 Inverness	
2002 Atlantis (USA) PHOTO ABOVE	Katrinka Blunt (Atlantis)
2003 Kirkcaldy	
2004 Watsonians	Rachel Nikolson (Lochaber)
2005 Basque Weavers	Rachel MacDonald (Oban)
2006 GHA	Audrey Barr (Oban)
2007 Kirkcaldy	Dee Bradbury (Oban)
2008 Dundee University	Rhia Edwards (Mull)
2009 Cartha	Donna Smith (Oban)
2010 Cartha	Kara MacKee (Mull)
2011 Cartha	Rhia Edwards (Mull)
2012 Dundee	Wendy Andrews (Mull)
2013 Oban	Kelly Lamont (Oban)
2014 Stirling	Debi Thomson (Oban)
2015 Stirling	YT (250)
2016 Stirling	Eilidh Mitchell (Mull)
2017 Stirling	
2018 Stirling	Rachel Shankland (Stirling)
2019 Watsonians	Molly Wright (Watsonians)
2022 Hearts and Balls	Eva Donaldson (Hearts and Balls)
Hillhead Jordanhill	Millie Warren (Hillhead Jordanhill)

CLUB HISTORY

Season	Team Standard	President	Captin	Secretary	Treasurer
78-79	Friendlies	Cameron Whyte	Cliff Gorman	Cliff Gorman	Jim Tolmie
79-80	Friendlies	Cameron Whyte	Jim Tolmie	Cliff Gorman	Jim Tolmie
80-81	GDLD III	Cameron Whyte	Angus MacColl	Cliff Gorman	Jim Tolmie
81-82	GDLD II	Jimmy McKeand	Angus MacColl	David Howarth	Cliff Gorman
82-83	GDLD I	Jimmy McKeand	Alan Cameron	David Howarth	Jim Scott
83-84	GDLD I	Jimmy McKeand	Pete Walker	David Howarth	Jim Scott
84-85	GDLD II	Cameron Whyte	Creon Carmichael	David Howarth	Jim Scott
85-86	GDLD II	Cameron Whyte	Iain McKeand	Duncan Swinbanks	Pamela Williamson
86-87	GDLD I	Cameron Whyte	Iain McKeand	Duncan Swinbanks	Susie Goldie
87-88	GDLD I	Cameron Whyte	Fergus Whyte	Duncan Swinbanks	Susie Goldie
88-89	GDLD I	Cameron Whyte	Fergus Whyte	Duncan Swinbanks	Audrey MacLennan
89-90	GDLD I	Cameron Whyte	Fergus Whyte	Duncan Swinbanks	Nikki Williamson
90-91	GDLD I	Cameron Whyte	Donald MacLennan	Duncan Swinbanks	Nikki Williamson
91-92	GDLD I	Cameron Whyte	John MacPhail	Duncan Swinbanks	Jean Dunlop
92-93	GDLD I	Cameron Whyte	Reay Whyte	Duncan Swinbanks	Jean Dunlop
93-94	GDLD I	Cameron Whyte	Reay Whyte	Duncan Swinbanks	Jean Dunlop
94-95	GDLD I	Andrew Stephens	Donald MacLennan	Duncan Swinbanks	Jean Dunlop
95-96	GDLD I	Andrew Stephens	Gerry Ralston	Duncan Swinbanks	Sheila Macfarlane
96-97	GDLD I	Roddy Scott	Gerry Ralston	Duncan Swinbanks	Sheila Macfarlane
97-98	GDLD I	Roddy Scott	Gerry Ralston	Duncan Swinbanks	Sheila Macfarlane
98-99	GDLD I	Norman Macfarlane	Gerry Ralston	Duncan Swinbanks	Sheila Macfarlane
99-00	GDLD I	Norman Macfarlane	James Gibbons	Duncan Swinbanks	Sheila Macfarlane
00-01	GDLD I	Norman Macfarlane	James Gibbons	Duncan Swinbanks	Sheila Macfarlane
01-02	National League	Norman Macfarlane	John MacIntyre	Duncan Swinbanks	Duncan Swinbanks
02-03	GLD 1	Norman Macfarlane	John MacIntyre	Duncan Swinbanks	Duncan Swinbanks
03-04	GLD 2	Norman Macfarlane	James Greig	Duncan Swinbanks	Duncan Swinbanks
04-05	GLD 2	John Clayton	James Greig	Iain Smithson	Duncan Swinbanks
05-06	GLD 2	John Clayton	James MacPhail	Iain Smithson	Duncan Swinbanks
06-07	GDW 3	John Clayton	Alex Craig	Duncan Swinbanks	Duncan Swinbanks
07-08	GDW 3	Tom Nelson	Alex Craig	Duncan Swinbanks	Duncan Swinbanks
08-09	GDW 3	Tom Nelson	David Downham	Duncan Swinbanks	Duncan Swinbanks
09-10	GDW 3	Tom Nelson	David MacLennan	Duncan Swinbanks	Duncan Swinbanks
10-11	GDW 2	Tom Nelson	Derwyn Hewitt	Duncan Swinbanks	Duncan Swinbanks
11-12	GDW 3	Tom Nelson	Andrew MacLennan	Duncan Swinbanks	Duncan Swinbanks
12-13	GDW 3	Tom Nelson	Andrew MacLennan	Duncan Swinbanks	Duncan Swinbanks
13-14	GDW 3	Tom Nelson	Andrew MacLennan	Duncan Swinbanks	Duncan Swinbanks
14-15	GDW 3	Tom Nelson	Alex Craig	Duncan Swinbanks	Duncan Swinbanks
15-16	GDW 4	Tom Nelson	Craig O'Donnel	Duncan Swinbanks	Duncan Swinbanks
16-17	GDW 4	Tom Nelson	Craig O'Donnel	Duncan Swinbanks	Duncan Swinbanks
17-18	GDW 3	John Archbold	Sean Black	Duncan Swinbanks	Duncan Swinbanks
18-19	GDW 3	John Archbold	Sean Black	Duncan Swinbanks	Duncan Swinbanks
19-20 (Covid)	GDW 3	John Archbold	Sean Black	Duncan Swinbanks	Duncan Swinbanks
20-21 (Covid)	GDW 3	John Archbold	Sean Black	Duncan Swinbanks	Duncan Swinbanks
21-22	GDW 3	John Archbold	Kegan Everard	Duncan Swinbanks	Duncan Swinbanks
22-23	GDW 3	John Archbold	Kegan Everard	Duncan Swinbanks	Duncan Swinbanks
23-24 (Ferry Problems)	GDW 3 (withdrew)	John Archbold	Kegan Everard	Duncan Swinbanks	Duncan Swinbanks

CLUB & PERSONAL HONOURS

CLUB HONOUR	DATE	EVENT
Winner	1980	Lochaber Sevens
Winner	1982	Lochaber Sevens
Winner	1982	Machrahanish 7's
Winner	1984	Lochaber Sevens
Winner	1985/6	GDLD II
Winner	1987	Mull Sevens
Winner	1988	Lochaber Sevens
Winner	1988	Oban Sevens
Winner	1989	Highland Sevens
Winner	1989	Clydesdale Sevens
Winner	1989	Mull Sevens
Winner	1989 September	McEwan Club of the Month
Winner	1993	Clydesdale Sevens
Winner	1999	Mull Woman's Sevens
Winner	2007 September	Hydro Club of the Month
Winner	2009	Chieftain of the Sevens
Winner	2009/10	GDW 3

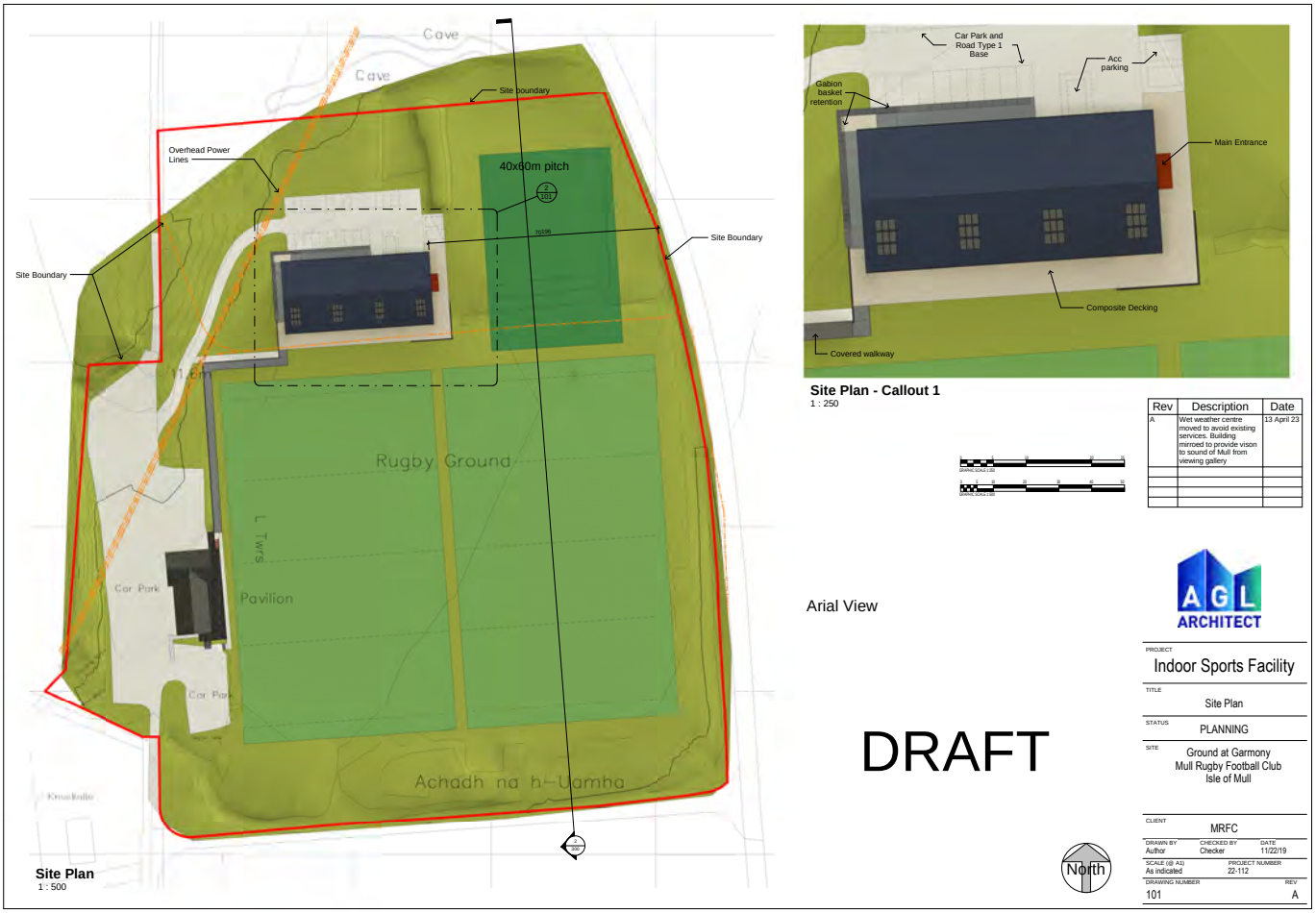
PERSONAL HONOUR	DATE	RECIPIENT
Hon Vice President		Cameron Whyte
Hon Vice President		James MacKeand
Hon Life Member		Duncan Swinbanks
Hon Life Member		Jean Dunlop
Hon Life Member		Jeanie MacColl
Oban 7's P of the T	1988	Neil Williams
Scotland U18	1998	James MacPhail
Glasgow U16-18, CoOpt	2011	Ciaran Whyte
Selkirk 7's P of the T	2018	Ciaran Whyte
Season most Tries 21	2019	Sean Black

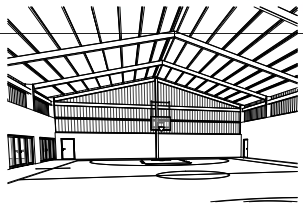
CLUB HONOUR	DATE	EVENT
Winner	2012	Highland Sevens
Winner	2012	Lochaber Sevens
Winner	2012	Mull Sevens
Winner	2014	Oban Sevens

PRESIDENT	SECRETARY	TREASURER	DIRECTOR OF RUGBY
John Archbold	Duncan Swinbanks	Duncan Swinbanks	James Grieg
01680 812346	01688 302477	01688 302477	07799 728549
archboldart@hotmail.com	duncanswinbanks@gmail.com	duncanswinbanks@gmail.com	jameswgreig79@googlemail.com
WOMEN'S SECRETARY	**COMMITTEE MEMBER**	**COMMITTEE MEMBER**	**COMMITTEE MEMBER**
	Julie O'Donnell	Sally Swinbanks	Andrew MacLennan
COMMITTEE MEMBER	**COMMITTEE MEMBER**	**COMMITTEE MEMBER**	**COMMITTEE MEMBER**
Tom Nelson	Naomi Knight	Fergus Whyte	Geoff Adams
FACILITIES COMPLIANCE OFFICER	**COMMITTEE & Maintenance Hub**	**COMMITTEE & Professional Services Hub**	**COMMITTEE MEMBER**
Dominic Grierson	Finlay McLaren	Sandy Lees (AGL Architects)	Naomi Knight
dominic.grierson@gmail.com	fin_mac2003@yahoo.co.uk	info@aglarchitect.co.uk	naomiknight@hotmail.co.uk
FIXTURES SECRETARY	**INTERNATIONAL TICKET HUB**	**BOOKINGS HUB**	**CLEANING (paid post)**
Derwyn Hewitt	Flora Corbett	Pam MacColl	Sharon Mclardy (Nooks & Crannies)
07795 397801 derwyn8@yahoo.com	flora@dobhrancroft.co.uk	enquiries@glengormcastle.co.uk	Sharon.mclardy@icloud.com
CHILD PROTECTION	**GROUNDS MANAGER**	**SCHOOL RUGBY CHAMPION**	**CLUB HANDYMAN (paid post)**
Geoff Adams	Geoff Adams		
geoff@redriver.co.uk	geoff@redriver.co.uk		
FACEBOOKS	**MULL LOTTERY TICKETS**	**COMMUNITY & SCHOOLS COACH**	**WEB-SITE (paid post)**
Various	Building on-line site	Eilidh MacKay	Mark Strevens (Mull Web Design)
		eilidhmackay06@gmail.com	mark@mullwebdesign.com
MEN'S CAPTAIN	**MEN'S VICE CAPTAIN**	**WOMEN'S CAPTAIN**	**WOMEN'S VICE CAPTAIN**
Kegan Everard	Scott MacColl	Katie Hamilton	
kbeverard@gmail.com	scott.maccoll@hotmail.co.uk	kt.hamilton34@gmail.com	
HEADS OF COACHING	**COACHES**	**COACHES**	**COACHES**
	Phil Tiernan	Geoff Adams	James Gibbons
	Andrew Gorthy	Kara McKee	

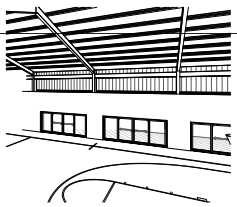
GARMONY WET WEATHER SPORTS HALL

NEW UPDATE The wet-weather hall is through planning and out for quotes. If you are interested in supporting this much needed project for our Island please speak to: Duncan Swinbanks, Tom Nelson or Sandy Lees at the club.

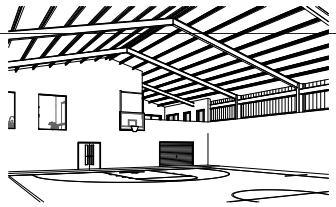




Internal View 1

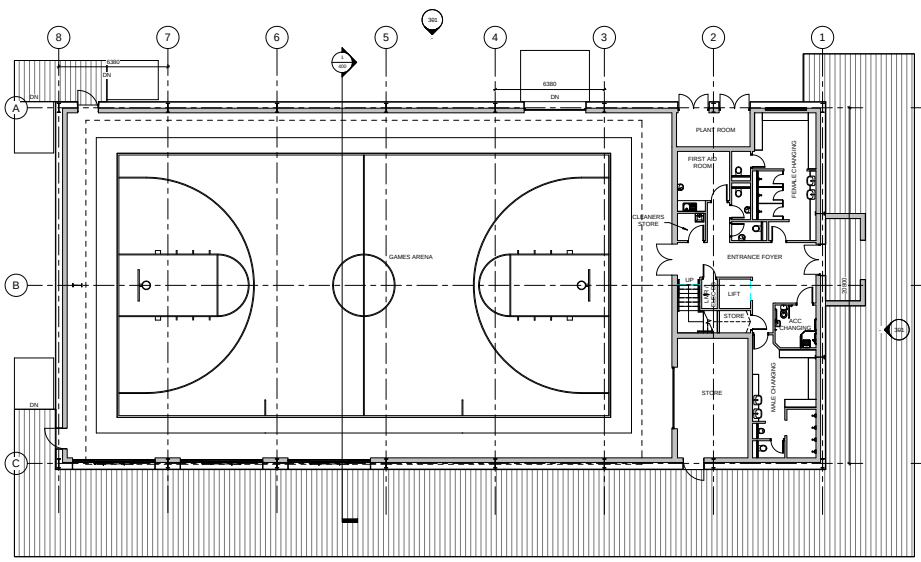


Internal View 2



Internal View 3

North



RULES OF THE CONTEST

TOURNAMENT

1) A Club or Team can bring any size of player pool to the Tournament.
2) Games will last as long as is decided by the referee.
3) The "Social or Serious" qualifying games are of a form as decided by the Tournament Committee.
4) If a knock-out game is drawn at full time playing ends are changed every 2 minutes until a side scores and then that side shall be the winner without further play.
5) Finals are probably 7 minutes each way.
6) Each playing team shall comprise of 7 players plus replacements.
7) Guests players can be included in the squad from before the Tournament starts.
8) The referee's decision shall be final.

REPLACEMENT OF PLAYERS

1) Players may be replaced at any time as long as this doesn't interfere with the flow of the game.
2) Replaced players for non-injury must come for your team pool.
3) Replaced players for injury must come from the same club. However if less than seven fit players are available from your club the replacement may come from any team.

REPLACEMENT OF INJURED PLAYERS

1) Injured players must be replaced immediately.
2) In the event of an actual or suspected head injury the tournament medical team will perform all HIA's. A player may only return to play when passed fit to do so by the medical team.
3) No injured replaced player may play in any future tie unless allowed by the Tournament Medical Officer.

In all cases of interpreting the rules the Committees decision shall be final !

The Club Captain, Kegan, who has taken on the onerous task of coordinating the Mull Sevens. After one small slip-up last year he was publicly humiliated in the Tobermory Town square. We wish him well for this years event.

PAGE OF THANKS

All our members have been grateful over the years to everyone who has contributed to the Club's success. The wet weather hall is through planning and we will be sending send out a donations letter as soon as we have some quotations for the work. This year our thanks go to those that have contributed and assisted with the club. Should anyone - and there have been so many - who has helped been inadvertently omitted from the list below, please accept our sincere apologies and an even bigger ……

"THANK YOU"

List of Thanks

Mull Laundry, KFT Ltd (Brian and Chris Swinbanks), Tackle & Books, the local volunteers who come and help on the day whether it's in the corporate tent, kitchen, bar, bbq, dance or car park! All kinds of personal donations of cakes and food, All youth player parents, The touch judges and amazing referees.

Raffle Donations

Raffle Donators- Lomond-the Wholesale Food Co, Carol & Kevan Mundie, Alan Blair; McBlair Design. Remove Iain Paxton and in the food donations Tobermory Distillery instead of Tobermory Whisky.

The Match Balls

Sandy of AGL Architects

The Mull Sports Bus Campaign

Very well done to Mikey MacDonald for coordinating this worthy fund-raising effort

Local Produce & Corporate Lunch

Thanks to Helen Swinbanks for her brilliant support

Fabulous Food Donations for the Lunch

Glengorm Estate, The Tobermory Fish Company, Isle of Mull Cheese, Island Bakery Organics, Tobermory Whisky, Inverlussa Shellfish, Cake-Lomond Foods Ltd, Island Pork, Scottish Seafarms and Hebridean Lodge

Programme Photos and Press

Rachel Wicks and Facebook, Neil Gibson, Oban Times, Janna Greenhalgh (Round and About)

The Medical Team

Mull and Iona Red Cross

And All Our Club Sponsors

Please support the businesses listed above and those on our sponsors pages in thanks for their generous assistance in making the Isle of Mull Rugby Club the success that it is.

And lastly a special mention to our commentator Doug who was recently seen on the BBC one show Survivor.

Choosing what to wear for the sevens is such a difficult task!

AUTOGRAPHS

See you next year!

THE SCOTSMAN

BEST RUGBY SEVENS

Roger Baird outruns Selkirk at Melrose Sevens, 1981 Picture: Jack Crombie

Up for sevens

ROGER BAIRD

1 MELROSE: I have to start at the birthplace of the abbreviated game. It was 1978, my home club Kelso had never won the Melrose Sevens, we had a team with an average age of just over 20, were fit as butchers' dogs and I was still at school. We accounted for Boroughmuir, Glasgow Accies and Richmond on the way to the final, the highlight for me bringing down the late, great Bruce Hay. We defeated Stew Mel in a very tense final, at last bringing the cup back to Kelso – the scenes of unadulterated joy will live long in the memory.

2 ISLE OF MULL: John Rutherford's best pal, loveable eccentric Duncan Swinbanks, is the driving force behind Isle of Mull RFC. John got a bunch of ex-internationalists (Beattie, Laidlaw, Calder, etc) and we set off to take on the might of the Western Isles. Clearing the pitch of sheep was all part of the fun and I'm not sure malt whisky between ties is ideal but we had a magnificent weekend.

3 HONG KONG: I did this trip nine times, the first as an 18-year-old. As the junior player I was instructed by captain, Andy Irvine, to look after the mascot, a monkey called McGregor. The instructions were simple – lose the monkey and you lose your clothes! We lost the final to Fiji on a pitch half under water due to a monsoon. To make matters worse, the monkey went missing at the post-tournament celebrations, presumed kidnapped it made the headlines in the *South China Post*, and I was publicly embarrassed.

4 TWICKENHAM: In the 1980s this was still a huge tournament and attracted a full house. Kelso went down as the holders of the Melrose Sevens but didn't progress past the second round, mainly due to a certain very young Martin Offiah.

5 JEDFOREST: One of my favourite tournaments, in one of the nicest settings in Scottish rugby. We won a number of times but the sweetest was my first when we met Hawick in the final. At the end of normal time we were level at 16-all and into sudden death. Jim Renwick was weaving his magic for the Greens but the Kelso forwards won the ball again and we scored the decisive try.

● *Roger Baird, capped 27 times, is Emirates Airlines Edinburgh Sevens event ambassador for 2008. The Sevens is at Murrayfield on Saturday, 31 May & Sunday, 1 June www.edinburgh7s.com*

30th Anniversary Women's Teams

2024 Men's Teams